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# **ПСИХОЛОГИЧЕСКИЙ**

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## SUMMARIES

### **M.M. Bakhtin and Phenomenological Method of Studying the Individual**

*G.M. Kuchinsky, Doctor of Psychology, Professor Department of Juridical Psychology, Minsk Institute of Management, Minsk, Republic of Belarus*

The article demonstrates that, throughout his life, Mikhail Bakhtin was working on methodological problems of the humanities, including psychology. He repeatedly stressed that the humanities could not be equated with natural sciences; he emphasized that his method was phenomenological (including when he was exploring the world of the act and when he was identifying specific characteristics of the individual as an object of study). Juxtaposing the individual as a speaking being with a mute voiceless thing, Bakhtin concluded that studying the individual could not be conducted with the same methods as studying things. According to Bakhtin, an adequate method of studying the individual was dialogue, which was a particular form of communication of one person with others, a form with its set of distinctive characteristics. Bakhtin's analysis, conducted in phenomenological style, permitted him to illuminate a whole range of new and significant psychic phenomena: co-being, own speech and speech of the Other, voice, heteroglossy, dialogue, and text.

*Key words:* methodology of the humanities, phenomenological method, the individual, dialogue, text.

### **Divergent thinking how mini-sistem end component of the system general powers**

*L.V. Marischuk, E.V. Pjishjanova*

The article contains an analysis of basic proposition and system-historical, system-functional, system-componential, system-structural and system-integrative aspects of system approach. The possibility of system approach use to study the divergent thinking as a micro system in a system of abilities. The definitions of a system approach, system approach, systemforming factor, mechanisms of direct and reverse connections are adduced.

The study of divergent thinking problem is analyzed from the point of view of basic proposition of system approach and its aspects, such as system-historical (the appear of the term and its precision during the development of psychology); system-functional (the determination of divergent thinking components, which permits to find causal connections); system-componential (the study of divergent thinking components totality and each of them as a microsystem); system-structural (the determination of subordination and coordination connections between fluency versatility, originality, elaboration and personal properties); system-integrative (the determination of systemforming factor, which organizes the system and every its component). The divergent thinking is defined as a mycosystem in the system of general abilities. The authors cite results of their own investigations of the divergent thinking and connections of its components and personal properties. The possibility of divergent thinking development with the aid of education and forming of personal properties as a connected components of personality is grounded.

### **Adaptation of C. Ryff «Scales of Psychological Well-Being»**

*N.N. Lepeshinsky, post-graduate student of applied psychology department, Belarusian State Pedagogical University in the name of M. Tank*

This article presents the results of adaptation of C. Ryff «Scales of Psychological Well-Being» for its application in territory of Belarus. The is formulated in the context of eudaemonic approach to understanding psychological well-being and allows to measure psychological well-being level and determine character of its components correlation. The questionnaire adaptation was carried out in accordance with the. In process of adaptation scales were translated into Russian, verification for equivalence of Russian-speaking variant to the original was carried out by examination of the respondents speaking both the original language (English) and translation language (Russian). Next the following standard psychometric procedures were conducted:

verification of internal consistency, test-retest reliability, criterial and construct validity.

*Key words:* psychological well-being, standard adaptation algorithm for foreign questionnaires, reliability, validity, factor analysis, standardisation.

### **The complex psychodiagnostics of professional important qualities of command department students of ECI of the Ministry of Emergency Measures**

*E.R. Bariev, Ph. D., the senior lecturer of Engineering-Command Institute (ECI), the Ministry of Emergency Measures,*

*A.V. Predkel, the chief of command department of ECI, the Ministry of Emergency Measures,*

*S.S. Sagajdak, Ph. D. (psychology), chair of psychophysiology and professionographic laboratory, Scientific-methodical institute of BSU «Republican center of human problems» (RCHP)*

The complex psychodiagnostics and independent expert estimation of professional important qualities (PIQ) of command department students of ECI is carried out. It is revealed, that an expert's work shared in time above an estimation of positive and negative examinee's qualities provides the greatest estimation of a person's completeness. Social positive PIQ can be estimated by «crude» test points as final result of three-five tests. Natural positive PIQ and negative qualities (both natural and social) are shown in positive-negative aggregate, therefore it been necessary to do a normalization procedure when the difference of «crude» test points of qualities-antipodes is appropriated to a prevailing quality. The developed complex psychodiagnostics with multicomponent algorithm of PIQ estimation can be recommended for an analysis of psychological features of command department entrants of ECI.

*Key words:* professional important qualities, a complex psychodiagnostics, an expert estimation, natural qualities, social qualities, a correlation, «crude» and normalized test points.

### **Peculiarities of career guidance of students in the professional personality structure**

*O.N. Semenyaka, post graduate student, chair of applied psychology, Academy of Postgraduate Education*

The article is devoted to the research of professional personality structure at different stage of training. A brief survey of the existing in modern psychology trends studying the problem of personality professional development is given in the article. The contents of future specialist professional development are considered in the article from the basic characteristics forming point of view: career guidance, professional competence, important professional characteristics, and significant professional psychophysiological qualities of a personality.

Authentic distinctions between the basic characteristics of professional personality at different stages of vocational training are determined by the empirical method; the peculiarities of professional personality structure at different stages of training are described. The character of change of the level of career guidance of students at different stages of training is considered more detailed; the analysis of the interrelationship between student career guidance and other essential characteristics of the professional personality is carried out. The question of the urgency of readiness formation for the future professional work is emphasized.

*Key words:* the professional's personality structure, development of the professional' personality, professional orientation

### **The individual professional concept of a specialist: structural, functional and content characteristic**

*A.N. Pastushenya, Ph.D. (psychology), professor, Minsk Institute of Management*

The phenomenon of individual professional concept is described proceeding from the necessity of development of scientific views on the personality of subject of professional activity their cognitive sphere. Its psychological structure is grounded, as well as kinds of conceptions constituting it, their correlation and functions in determining the individual features of exercising professional activity. At the same time professional activity is viewed as an important sphere of the specialist's lifestyle, it is included into a variety of social conditions and processes, and the specialist is viewed as subject determining their position regarding entry into the activity, its aims, content, ways and methods of aims

achievement, taking their bearings in organizational and other conditions of activity, interacting with colleagues, as well as the subject able to change their professional potential. The parameters of content characteristic of structural elements of the individual professional concept are discussed, and the possibilities of their revelation in applied psychological research.

### **On similitive projection as psychological defence mechanism**

*I.T. Kavetskij, Ph.D. (psychology), associate professor, head of the department of legal psychology, Minsk Institute of Management*

*S.A. Belyaev, 5-year-student, specialty «psychology» (Minsk Institute of Management)*

The article presents the attempt to prove empirically the work of similitive projection as defence mechanism. The basis of the research is made up with the assertions of scholars-psychologists about the lack of empirical evidence proving the existence of such type of projection. The analysis of literary sources allowed to prove the assumption that similitive projection as way of defence is used only with respect to specific characteristic, under certain conditions and only with respect to certain people. The notions «specific characteristics», «certain conditions» and «certain people» mean: «vagrancy proper» as the person's antisocial behaviour and unavailability of vagrants to cooperate with social workers and subjects who are able and try to help vagrants in the process of their resocialization.

*Key words:* psychoanalysis, anxiety, defence mechanisms, similitive projection

### **Prognosis opportunity opinion poll «The motives of use drug»**

*I.V. Aksjutchits, senior lecturer, chair of age-related and pedagogical psychology, Belarusian State Pedagogical University named after M. Tank*

The article produces the findings of psychological inquiry of 50 teenage drug addicts registered at the narcological dispensary. The revealed motives of psychoactive substances abuse are analyzed, such as: traditional, submissive,

pseudo cultural, hedonistic, hyper activation, ataractic, addictive, abstinent, self damage. The mechanisms of forming the drug abuse motives in the motivation sphere of young drug addicts are considered. Drug addiction is defined as paradoxical behaviour lying in the way of the drug addict's adaptation by inflicting self damage, when the negative consequences of drug addiction are viewed as important conditions of the drug addict's adaptation to real life. It is supposed that the drug addict's motivation sphere along with «healthy» motives includes those of drug abuse. The diagnostic research of the latter allows to discover the drug addiction causes, first of all, and secondly, the possibilities of the individual's normal and productive development. The relevant strategies of drug preventive work among young people are offered, such as: the development of adaptation skills to rapidly changing reality conditions and formation of healthy way of life.

*Key words:* narcotization, drug abuse motives, teenage drug addicts, drug addiction.

### **The structure and dynamics of professional self actualization of personality of students-psychologists**

*O.A. Tkachuk, post graduate student, chair of pedagogical psychology, Belarusian State Pedagogical University named after M. Tank*

Recently to quality of higher education, among which requirements not only to professional, but also new demands are made to personal becoming and development of the student as subject of training. In student's years there is an intensive personal development of the future expert on which the considerable print imposes a structure of its training. Therefore in modern psychology the term «professional self-actualization», opening communication between processes of self-actualization as parameter of a personal maturity and professional self-determination has been entered. Trade of the psychologist show increased requirements to personal qualities of the professional, and first of all, such characteristics of the self-actualized person concern to them as sensitivity, flexibility of behavior, self-esteem, self-acceptance. In article various approaches to a problem of self-actualization of the person in view of its age and professional features are considered.

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Features of structure of self-actualization of the person of students-psychologists during their training and professional becoming come to light. Dynamics of professional self-actualization of the future experts is researched by a method of longitudinal cuts at initial and final grade levels in high school.

*Key words:* Self-actualization, professional activity, professional self-actualization, self-actualized person, professional and personal qualities of the psychologist.

### **Psychological protection in overcoming death of fear of military members**

*A.V. Tishkevich, the post-graduate student of the ideological work faculty and social disciplines of the Military colucational establishment of the Republic of Belarus.*

The article deals with the importance of the in conditions of overcoming life threat in emergencies. The features of the psychological protection activation are connected with those features realized and unrealized experiences of fear. The realized threat for life activates the mechanisms directed against fear, using both cognitive rational and irrational protection being considered in cognitive and existential theories. Unrealized alarm of death is stopped by means of unconscious psychological protection mechanisms considered within the limits of the psychoanalytic theories.

The success of the military men activity under such conditions depends on the regulating orientations of the protective action: from internal affective regulation to words external behavioral

one at which activity can be realized in purpose oriented actions.

*Key words:* psychological defences, fear of death.

### **Activity of the psychologist of the sport on provision of psychological health athlete**

*E.V. Melnik, Belarusian State University of Physical Culture*

The Article is dedicated to analysis of the problem of psychological health athlete. They Are Shown possible ways of his shaping, basing on psychological principle: unity of the consciousness to personalities and activity, developments and determinism, as well as on base of the development of the consciousness to personalities of the athlete from undermost general state, before high attitude. In sport, except casual traumas supporting-motor device, change of psychological health are very serious reason failure athlete on competition. Of no small importance must be conducted early diagnostics, study of the reasons of the origin and methods psychological preventive maintenance neurosis athlete. Psychological health is also considered as important factor to professional activity of the trainer and psychologist. Reveal particularities to activity of the psychologist of the sport on shaping of psychological health athlete.

*Key words:* activity, athletes, psychological health, professional health, psychologist of the sport, psychological accompaniment, consciousness, sport, system, trainer.

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